

SUNDAYMONDAYTUESDAYWEDNESDAYTHURSDAYFRIDAYSATURDAY



3	4Labor Day Winterizing your Emergency Bag and Home 	5 	6 Guided Group @ 6pm, sign up here.	7	8National 401k Day Tips on 401k's and handling finances as a caregiver <a href="#">LEARN MORE</a>	9
10HAPPY GRAND PARENTS DAY	11  PATRIOT DAY	12 Senior Finances ..... Protecting older adults against fraud <a href="#">LEARN HOW</a>	13 Guided Group @ 6pm, sign up here.	14	15Rosh Hashanah, Begins at Sunset 	16 Senior Finances ..... Help forSurviving Spouses <a href="#">RESOURCES</a>
17 Senior Finances ..... Help older adults make sound financial decisions <a href="#">TOOLS</a>	18Respect for the Aged Day	19	20 Guided Group @ 6pm, sign up here.	21 	22National Centenarian's Day Falls Prevention Awareness Day Amy talks to a Fall Prevention Specialist <a href="#">VIDEO</a>	24 
24Yom Kippur, Begins at Sunset	25 Fitness - Walk, Bike, Yoga with the family 	26 	27 Guided Group @ 6pm, sign up here.	28 Fun Fall Activities for Seniors <a href="#">GET INFO</a>	29 	30 Preparing your car and home for a Winter Storm <a href="#">Make a Plan</a>