

Scoring: For each category, select the item description that most closely resembles the highest functional level.			
1. Ability to Use Telephone		E. Laundry	
Operates telephone on own initiative-looks up and dials numbers, etc.	1	Does personal laundry completely	1
Dials a few well-known numbers	1	Launders small items-rises stockings, etc.	1
Answers telephone but does not dial	1	All laundry must be done by others	0
Does not use telephone at all	0		
2. Shopping		F. Mode of Transportation	
Takes care of all shopping needs independently	1	Travels independently on public transportation or drives own car	1
Shops independently for small purchases	0	Arranges own travel via taxi, but does not otherwise use public transportation	1
Needs to be accompanied on any shopping trip	0	Travels on public transportation when accompanied by another	1
Completely unable to shop	0	Travel limited to taxi or automobile with assistance of another	0
		Does not travel at all	0
3. Food Preparation		G. Responsibility for Own Medications	
Plans, prepares and serves adequate meals independently	1	Is responsible for taking medication in correct dosages at correct time	1
Prepares adequate meals if supplied with ingredients	0	Takes responsibility if medication is prepared in advance in separate dosage	0
Heats, serves and prepares meals, or prepares meals, or prepares meals but does not maintain adequate diet	0	Is not capable of dispensing own medication	0
Needs to have meals prepared and served	0		

4. Housekeeping		H. Ability to Handle Finances	
Maintains house alone or with occasional assistance (e.g. "heavy workdomestic help")	1	Manages financial matters independently)budgets, writes checks, pays rent,bills, goes to bank), collects and keeps track of income	1
Performs light daily tasks such as dishwashing, bed making	1	Manages day-to-day purchases, but needs help with banking, major purchases, etc.	1
Performs light daily tasks but cannot maintain acceptable level of cleanliness	1	Incapable of handling money	0
Needs help with all home maintenancetasks	1		
Does not participate in any housekeeping tasks	0		
Score		Score	
<p>Total Score A summary score ranges from 0 (low function, dependent) to 8 (high function, independent) for women. Use a total score of 0 to 5 for men to avoid potential gender bias. However, you must also take into considerationabilities and tasks at their healthiest.</p>			

Name:

Completed by:

Date: