

Scoring: For each category, <b>select <u>one</u> item description</b> that most closely resembles the highest functional level.			
1. Ability to Use Telephone		E. Laundry	
Operates telephone on own initiative-looks up and dials numbers, etc.		Does personal laundry completely	
Dials a few well-known numbers		Launders small items-rises stockings, etc.	
Answers telephone but does not dial		All laundry must be done by others	
Does not use telephone at all			
2. Shopping		F. Mode of Transportation	
Takes care of all shopping needsindependently		Travels independently on public transportation ordrives own car	
Shops independently for smallpurchases		Arranges own travel via taxi, but does nototherwise use public transportation	
Needs to be accompanied on anyshopping trip		Travels on public transportation whenaccompanied by another	
Completely unable to shop		Travel limited to taxi or automobile with assistanceof another	
		Does not travel at all	
3. Food Preparation		G. Responsibility for Own Medications	
Plans, prepares and serves adequatemeals independently		Is responsible for taking medication in correctdosages at correct time	
Prepares adequate meals if suppliedwith ingredients		Takes responsibility if medication is prepared inadvance in separate dosage	
Heats, serves and prepares meals, or prepares meals, or prepares meals butdoes not maintain adequate diet		Is not capable of dispensing own medication	
Needs to have meals prepared andserved			

Source: *try this*: Best Practices in Nursing Care to Older Adults, The Hartford Institute for Geriatric Nursing, New York University, College of Nursing, [www.hartfordign.org](http://www.hartfordign.org).

4. Housekeeping		H. Ability to Handle Finances	
Maintains house alone or with occasional assistance (e.g. "heavy workdomestic help")		Manages financial matters independently )budgets, writes checks, pays rent,bills, goes to bank), collects and keeps track of income	
Performs light daily tasks such as dishwashing, bed making		Manages day-to-day purchases, but needs help with banking, major purchases, etc.	
Performs light daily tasks but cannot maintain acceptable level of cleanliness		Incapable of handling money	
Needs help with all home maintenancetasks			
Does not participate in any housekeeping tasks			
Score		Score	
<b>Total Score</b> A summary score ranges from 0 (low function, dependent) to 8 (high function, independent) for women. Use a total score of 0 to 5 for men to avoid potential gender bias. However, you must also take into considerationabilities and tasks at their healthiest.			

Name:

Completed by:

Date: